



1306 Pelham Rd • Greenville, SC 29615 • (864) 286-6600

Mother's Day History



Mother's Day began as a spring festival to celebrate "Mother Earth". Then, it became a celebration of "Mother Church". Finally, it became a day to celebrate all mothers. As Christianity spread throughout Europe, the celebration became linked to Easter. Many churches celebrated "Mothering Sunday" on the fourth Sunday of Lent, the forty days leading up to Easter. It was a celebration of Mary, Mother of God. It became customary to offer small gifts or cakes to mothers on this day.

In the 1600s in England, "Mothering Day" was celebrated. This was a day when wealthy families gave their servants a day off to

return to their homes to visit their mothers. Today, Mother's Day is a celebration of all mothers. This idea began with two women—Julia Ward Howe and Anna Jarvis. Howe, a social reformer and poet, wanted a day when mothers could celebrate peace, and she proposed calling it "Mother's Day for Peace" and wrote the first Mother's Day Proclamation.

In 1907, Anna Jarvis, who lived in Philadelphia, persuaded her mother's church in Grafton, West Virginia, to celebrate Mother's Day on the second Sunday in May, which coincided with the anniversary of her mother's death. Jarvis then proceeded to write to ministers, politicians, and businessmen to establish a national Mother's Day. Ironically, she was never a mother herself. In 1914, President Woodrow Wilson made the official announcement, proclaiming Mother's Day as a national holiday to be celebrated on the second Sunday in May. Today, many countries around the world celebrate Mother's Day.

May Day History

The first of May—May Day—has been celebrated by cultures around the world since ancient times for reasons spiritual, agricultural, and political. By May 1, the cold and dark of winter has disappeared, and it is springtime in the northern hemisphere. That means flowers in bloom and spring planting in Great Britain, where May Day originated. The holiday, in various forms, spread to Europe and much later, to North America.

This secular holiday goes back to ancient times and is a yearly ritual to celebrate the bounty of spring. Typical festivities include flowers, dancing, and maypoles, which are tall poles decorated with ribbons and flowers erected for revelers to dance around. Traditionally, wreaths of posies adorn heads and bouquets are quietly left on the doorsteps of neighbors and friends as gestures of friendship.

Famous May Birthdays

- Dwayne Johnson (actor) – May 2, 1972
- James Brown (singer) – May 3, 1933
- Audrey Hepburn (actress) – May 4, 1929
- Tammy Wynette (singer) – May 5, 1942
- Orson Welles (filmmaker) – May 6, 1915
- Don Rickles (comedian) – May 8, 1926
- Rosario Dawson (actress) – May 9, 1979
- Natasha Richardson (actress) – May 11, 1963
- Florence Nightingale (nurse) – May 12, 1820
- Katharine Hepburn (actress) – May 12, 1907
- Perry Como (entertainer) – May 18, 1912
- Jimmy Stewart (actor) – May 20, 1908
- Stevie Nicks (singer) – May 26, 1948
- Clint Eastwood (actor) – May 31, 1930

- May Zodiacs
- Taurus (The Bull)
May 1–20
 - Gemini (The Twins)
May 21–31

Cinco de Mayo History



Mexico's National Flag

The fifth of May is when Americans celebrate an important battle in Mexican history with so much food and music and fun that the real story behind the holiday is often overlooked. While Cinco de Mayo is often thought of as a celebration of Mexican independence, it is not.

Mexican independence, also called the Cry of Dolores, is celebrated on September 16 and occurred about 50 years before the Battle of Puebla.

After the Mexican-American War (1846–1848) and the Mexican Reform War (1858–1861), the Mexican government was almost bankrupt. In 1861, Mexican President Benito Juárez issued a two-year moratorium on payment of foreign debt. Mexico's largest creditors—Spain, England, and France—sent ships to the port of Veracruz to demand payment. Mexico negotiated with England and Spain, and their ships went home.

However, French Emperor Napoleon III decided to leverage this opportunity to increase French power in the New World. Napoleon III sent a heavily armed fleet to Veracruz and forced President Juárez and his government into retreat. The French force of more than 8,000 pushed on from Veracruz toward Mexico City, with their troops more than double that of Mexico's. Napoleon expected an easy win and to easily overthrow Juárez.

To his dismay, this was not the case. Even with only 4,500 troops, the Mexican army, led by Ignacio Zaragoza Seguín, was able to defeat the much bigger, better armed, and better trained French force. At Puebla, a mere 70 miles from Mexico City, the French waved the white flag. Four days later, in a frenzy of patriotism, a holiday was declared.

Gables on Pelham Directors

Sue Kennedy
Campus Executive Director

Olishia Gaffney
Director of Nursing

Becky Hutto
Business Office Manager

Tyler Long
Admissions Director - SNF

Sonia Beltman
Director of Rehabilitation

Deborah Wilson
Dining Services Director

Diane Long
Asst. Dining Services Director


Hannah Cutting
Social Services Director

Allana Sparks
Resident Programs Coordinator

Ruth Harris
HR/Central Supply/Med. Records



MAY 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>MAY 30</p> <p>10:00 Sittercise & Smartercise AR</p> <p>10:45 Old Time TV Shows AR</p> <p>1:30 Worship Service with Cornerstone Baptist Room Visits AR</p> <p>3:15</p>	<p>MEMORIAL DAY MAY 31</p> <p>10:30 Morning Massages & Open iPads AR</p> <p>11:00 Memorial Day History AR</p> <p>2:00 Outdoor Strolls</p> <p>3:30 Ice Cream Corner AR</p>	 <p>The GABLES ON PELHAM Greenville, South Carolina</p> <p>1306 Pelham Rd • Greenville, SC 29615</p> <p>(864) 286-6600 •</p> <p>All activities are subject to change.</p>		<p>LOCATION KEY</p> <p>ALL - AL Living Room -</p> <p>AR - Activity Room -</p> <p>DR - Dining Room -</p> <p>FP - Front Patio -</p> <p>CY - Courtyard -</p> <p>Bus - Bus Trip -</p>		<p>1</p> <p>10:00 Sittercise & Smartercise AR</p> <p>10:45 Kentucky Derby Documentary AR</p> <p>2:00 Afternoon Movie AR</p> <p>3:15 BINGO</p>
<p>2</p> <p>10:00 Sittercise & Smartercise AR</p> <p>10:45 Morning TV News AR</p> <p>1:30 Worship Service with Cornerstone Baptist AR</p> <p>3:15 Outdoor Strolls CY</p>	<p>3</p> <p>10:30 Morning Massages & Open iPads AR</p> <p>11:00 Jeopardy AR</p> <p>2:00 Garden Stone Craft AR</p> <p>3:30 Ice Cream Corner</p>	<p>4</p> <p>10:30 Chair Yoga AR</p> <p>11:00 Today in History AR</p> <p>2:00 Craft Corner</p> <p>3:00 Fresh Air & Sweet Tea CY</p>	<p>CINCO DE MAYO 5</p> <p>10:30 Stretch & Flex AR</p> <p>11:00 Today in History AR</p> <p>2:00 Cinco de Mayo Chili Cook Off Celebration ALL</p> <p>3:15 Gables Cinema Afternoon Matinee AR</p>	<p>NURSE'S WEEK BEGINS 6</p> <p>10:30 Mother's Day Brunch</p> <p>2:00 Music BINGO AR</p> <p>3:00 Outdoor Strolls AR</p> <p>4:00 Horoscopes AR</p>	<p>7</p> <p>10:30 Stretch & Flex AR</p> <p>11:00 Today in History AR</p> <p>2:00 Root Beer Floats & 50s Music AR</p> <p>3:30 Ice Cream Corner</p>	<p>8</p> <p>10:00 Sittercise & Smartercise AR</p> <p>10:45 Old Time TV Shows AR</p> <p>2:00 V-E Day Documentary AR</p> <p>3:15 Sweet Tea & Trivia AR</p>
<p>MOTHER'S DAY 9</p> <p>10:00 Sittercise & Smartercise AR</p> <p>10:45 Lawrence Welk Showing AR</p> <p>2:00 Afternoon Matinee AR</p> <p>3:15 Mother's Day Craft AR</p>	<p>NATIONAL 10</p> <p>10:30 Christmas Carol Stretch & Flex AR</p> <p>11:00 Winter Reminisce AR</p> <p>2:00 Sno-Cone Making & Delivery AR</p> <p>3:30 Sparkling Cider Toast AR</p> <p><i>Winter</i></p>	<p>SKILLED 11</p> <p>10:30 Chair Yoga to Vivaldi's Spring AR</p> <p>11:00 Spring Reminisce AR</p> <p>2:00 Flowers in Art Craft AR</p> <p>3:30</p> <p><i>Spring</i></p>	<p>NURSING 12</p> <p>10:00 Live Music with Dana Bergman AR</p> <p>11:00 A Day at the Beach AR</p> <p>2:00 Gables Cinema Afternoon Matinee - Blue Hawaii AR</p> <p><i>Summer</i></p>	<p>WEEK 13</p> <p>10:30 Sittercise to Vivaldi's Autumn AR</p> <p>11:00 Autumn Reminisce AR</p> <p>2:00 Pumpkin Pie Making AR</p> <p>3:00 Halloween "Mask" Making AR</p> <p><i>Fall</i></p>	<p>2021 14</p> <p>10:30 Superhero Sittercise & Smartercise AR</p> <p>11:00 What Makes a Hero? AR</p> <p>2:00 Candy Cape Craft AR</p> <p>3:00 NNHW Celebration AR</p> <p><i>Superhero Day</i></p>	<p>15</p> <p>10:00 Sittercise & Smartercise AR</p> <p>10:45 Morning TV News AR</p> <p>2:00 Afternoon Movie AR</p> <p>3:15 BINGO AR</p>
<p>16</p> <p>10:00 Sittercise & Smartercise AR</p> <p>10:45 Andy Griffith Show AR</p> <p>1:30 Worship Service with Cornerstone Baptist AR</p> <p>3:15 Outdoor Strolls CY</p>	<p>17</p> <p>10:30 Morning Massages & Open iPads AR</p> <p>11:00 Morning Horoscopes AR</p> <p>2:00 Strawberry Kitchen Corner AR</p> <p>3:30 Ice Cream Corner</p>	<p>18</p> <p>10:30 Chair Yoga AR</p> <p>11:00 What's Your Advice? AR</p> <p>2:00 Craft Corner AR</p> <p>3:00 Outdoor Strolls</p>	<p>19</p> <p>10:30 Stretch & Flex AR</p> <p>11:00 What's Your Advice? AR</p> <p>2:00 Gables Cinema Afternoon Matinee AR</p>	<p>20</p> <p>10:30 Morning Massages & Open iPads AR</p> <p>11:00 Conversation Ball AR</p> <p>2:00 Craft Corner</p> <p>3:00 Coffee & Current Events AR</p>	<p>21</p> <p>10:30 Stretch & Flex AR</p> <p>11:00 Nail Care AR</p> <p>2:00 Fruit Pizza Kitchen Corner AR</p> <p>3:30 Ice Cream Corner</p>	<p>22</p> <p>10:00 Sittercise & Smartercise AR</p> <p>10:45 Old Time TV Shows AR</p> <p>2:00 Mr. Rogers Neighborhood Showing AR</p> <p>3:00 Meet Your Neighbors AR</p>
<p>23</p> <p>10:00 Sittercise & Smartercise AR</p> <p>10:45 Johnny Carson Show AR</p> <p>1:30 Worship Service with Cornerstone Baptist AR</p> <p>3:15 Sweet Tea & Trivia AR</p>	<p>24</p> <p>10:30 Morning Massages & Open iPads AR</p> <p>11:00 Today in History AR</p> <p>2:00 Music BINGO AR</p> <p>3:00 Coffee & Current Events AR</p>	<p>25</p> <p>10:30 Chair Yoga AR</p> <p>11:00 Today in History AR</p> <p>2:00 Craft Corner AR</p> <p>3:30 Ice Cream Corner</p>	<p>26</p> <p>10:30 Stretch & Flex AR</p> <p>11:00 Jeopardy AR</p> <p>2:00 Gables Cinema Afternoon Matinee AR</p> <p>3:15 Live Music with Al Mahon ALL</p>	<p>27</p> <p>10:30 Morning Massages & Open iPads AR</p> <p>11:00 What's Your Advice? AR</p> <p>2:00 Craft Corner AR</p> <p>3:30 Ice Cream Corner</p>	<p>28</p> <p>10:30 Stretch & Flex AR</p> <p>11:00 Resident Council AR</p> <p>2:00 BINGO Ar</p> <p>3:00 Family Feud AR</p>	<p>29</p> <p>10:00 Sittercise & Smartercise AR</p> <p>10:45 Bob Hope Birthday Showing AR</p> <p>2:00 Afternoon Movie AR</p> <p>3:15 Outdoor Strolls AR</p>