



1306 Pelham Rd • Greenville, SC 29615 • (864) 286-6600

Mother's Day History



Mother's Day began as a spring festival to celebrate "Mother Earth". Then, it became a celebration of "Mother Church". Finally, it became a day to celebrate all mothers. As Christianity spread throughout Europe, the celebration became linked to Easter. Many churches celebrated "Mothering Sunday" on the fourth Sunday of Lent, the forty days leading up to Easter. It was a celebration of Mary, Mother of God. It became customary to offer small gifts or cakes to mothers on this day.

In the 1600s in England, "Mothering Day" was celebrated. This was a day when wealthy families gave their servants a day off to

return to their homes to visit their mothers. Today, Mother's Day is a celebration of all mothers. This idea began with two women—Julia Ward Howe and Anna Jarvis. Howe, a social reformer and poet, wanted a day when mothers could celebrate peace, and she proposed calling it "Mother's Day for Peace" and wrote the first Mother's Day Proclamation.

In 1907, Anna Jarvis, who lived in Philadelphia, persuaded her mother's church in Grafton, West Virginia, to celebrate Mother's Day on the second Sunday in May, which coincided with the anniversary of her mother's death. Jarvis then proceeded to write to ministers, politicians, and businessmen to establish a national Mother's Day. Ironically, she was never a mother herself. In 1914, President Woodrow Wilson made the official announcement, proclaiming Mother's Day as a national holiday to be celebrated on the second Sunday in May. Today, many countries around the world celebrate Mother's Day.

May Day History

The first of May—May Day—has been celebrated by cultures around the world since ancient times for reasons spiritual, agricultural, and political. By May 1, the cold and dark of winter has disappeared, and it is springtime in the northern hemisphere. That means flowers in bloom and spring planting in Great Britain, where May Day originated. The holiday, in various forms, spread to Europe and much later, to North America.

This secular holiday goes back to ancient times and is a yearly ritual to celebrate the bounty of spring. Typical festivities include flowers, dancing, and maypoles, which are tall poles decorated with ribbons and flowers erected for revelers to dance around. Traditionally, wreaths of posies adorn heads and bouquets are quietly left on the doorsteps of neighbors and friends as gestures of friendship.

Famous May Birthdays

- Dwayne Johnson (actor) – May 2, 1972
- James Brown (singer) – May 3, 1933
- Audrey Hepburn (actress) – May 4, 1929
- Tammy Wynette (singer) – May 5, 1942
- Orson Welles (filmmaker) – May 6, 1915
- Don Rickles (comedian) – May 8, 1926
- Rosario Dawson (actress) – May 9, 1979
- Natasha Richardson (actress) – May 11, 1963
- Florence Nightingale (nurse) – May 12, 1820
- Katharine Hepburn (actress) – May 12, 1907
- Perry Como (entertainer) – May 18, 1912
- Jimmy Stewart (actor) – May 20, 1908
- Stevie Nicks (singer) – May 26, 1948
- Clint Eastwood (actor) – May 31, 1930

- May Zodiacs
- Taurus (The Bull)
 - May 1–20
 - Gemini (The Twins)
 - May 21–31

Cinco de Mayo History



Mexico's National Flag

The fifth of May is when Americans celebrate an important battle in Mexican history with so much food and music and fun that the real story behind the holiday is often overlooked. While Cinco de Mayo is often thought of as a celebration of Mexican independence, it is not. Mexican independence, also called the

Cry of Dolores, is celebrated on September 16 and occurred about 50 years before the Battle of Puebla.

After the Mexican-American War (1846–1848) and the Mexican Reform War (1858–1861), the Mexican government was almost bankrupt. In 1861, Mexican President Benito Juárez issued a two-year moratorium on payment of foreign debt. Mexico's largest creditors—Spain, England, and France—sent ships to the port of Veracruz to demand payment. Mexico negotiated with England and Spain, and their ships went home.

However, French Emperor Napoleon III decided to leverage this opportunity to increase French power in the New World. Napoleon III sent a heavily armed fleet to Veracruz and forced President Juárez and his government into retreat. The French force of more than 8,000 pushed on from Veracruz toward Mexico City, with their troops more than double that of Mexico's. Napoleon expected an easy win and to easily overthrow Juárez.

To his dismay, this was not the case. Even with only 4,500 troops, the Mexican army, led by Ignacio Zaragoza Seguín, was able to defeat the much bigger, better armed, and better trained French force. At Puebla, a mere 70 miles from Mexico City, the French waved the white flag. Four days later, in a frenzy of patriotism, a holiday was declared.

Gables on Pelham Directors

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May Highlights

May 1st
Kentucky Derby

May 5th
Cinco de Mayo

May 7th
Mother's Day Brunch

May 9th
Mother's Day

May 10th
Root Beer Day

May 19th
Live Music with Dana Bergman

May 26th
Live Music with Al Mahon

May 31st
Memorial Day

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
MAY 30 9:30 Spiritual/Mass AR 10:00 American Songbook AR 11:00 Get Fit Weights AR 2:15 Coffee News AR 3:00 Name That Tune AR 6:00 Relaxing Shoulder Massages AR		MAY 31 9:30 Stretch & Weights AR 10:30 Memory Games AR 1:30 Floor Scrabble AR 2:30 Creative Art AR 3:30 Ball Drumming /Rythmn AR 6:00 Nail and Hand Spa AR		 The GABLES ON PELHAM <i>Greenville, South Carolina</i> 1306 Pelham Rd • Greenville, SC 29615 (864) 286-6600 • All activities are subject to change.		LOCATION KEY AR - Activity Room - CY - Courtyard - AL - Assisted Living - - - - - - -		1 9:30 Flag/Prayer AR 10:00 Get Fit Weights AR 10:30 Walk Down Memory Lane AR 2:00 Kentucky Derby Horseshoes AR 3:00 Derby Bonnet BINGO AR 6:00 Snack Attack /Movie AR
2 9:30 Spiritual/Mass AR 10:00 Memory Games AR 11:00 Stretch It Out AR 2:15 Pictionary AR 3:00 Short Story Excerpts AR 6:00 Relaxing Shoulder Massages AR	3 9:30 Stretch & Weights AR 10:30 Memory Games AR 1:30 Floor Scrabble AR 2:30 Creative Art AR 3:30 Ball Drumming /Rythmn AR 6:00 Nail and Hand Spa AR	4 9:30 Get Fit Weights AR 10:00 Brain Teaser Memory Match AR 2:00 Tasty Kitchen AR 2:30 Hallway Bowling AR 3:30 Game Show Games AR 6:00 Parachute Drop AR	5 Cinco de Mayo 9:30 Total Body Fitness AR 10:30 Brain Aerobics AR 11:00 Garden Walk AR 1:30 Baby Nursery Care AR 2:15 Musical Social Snacks AR 3:30 In Touch Games AR 6:00 Bible Talk AR	6 9:30 Flag/Prayer AR 10:00 Ball Drumming /Rythmn AR 10:45 Outdoor Stroll Nature Watch AR 1:30 Big Floor Scrabble AR 2:30 Ice Cream Churn Social AR 3:00 Sound Bingo AR 6:00 Evening Games and AR	7 9:30 Flag/Prayer AR 10:30 Mother's Day Brunch AR 1:45 Tasty Kitchen AR 2:30 Travel America Game AR 3:00 American Songbook AR 6:00 Memory Ball Game AR	8 9:30 Flag/Prayer AR 10:00 Get Fit Weights AR 11:00 Memory Lane Walk AR 2:00 Snack Social AR 3:45 Game Show Games AR 6:00 Snack Attack /Movie AR		
9 Mother's Day 9:30 Spiritual/Mass AR 10:00 Get Fit Weights AR 11:00 Coffee & News AR 2:15 Memory Games AR 3:30 Name That Tune AR 6:00 Relaxing Shoulder Massages AR	10 9:30 Stretch & Weights AR 10:30 Morning Devotions AR 1:30 Floor Scrabble AR 2:30 Clips from Movie Favs & Root Beer Floats AR 6:00 Nail and Hand Spa AR	11 9:30 Get Fit Weights AR 10:00 Brain Teaser Memory Match AR 2:00 Tasty Kitchen AR 2:30 Hallway Bowling AR 3:30 Game Show Games AR 6:00 Parachute Drop AR	12 9:30 Total Body Fitness AR 10:30 Brain Aerobics AR 11:00 Garden Walk AR 1:30 Baby Nursery Care AR 2:15 Musical Social Snacks AR 3:30 In Touch Games AR 6:00 Bible Talk AR	13 9:30 Flag/Prayer AR 10:00 Ball Drumming /Rythmn AR 10:45 Outdoor Stroll Nature Watch AR 1:30 Big Floor Scrabble AR 2:30 Ice Cream Churn Social AR 3:00 Sound Bingo AR 6:00 Evening Games and AR	14 9:30 Flag/Prayer AR 10:00 Total Body Fitness AR 10:45 Garden Care AR 1:30 Putt Putt Golf AR 2:30 Travel America Game AR 3:30 In Touch Games AR 6:00 Memory Ball Game AR	15 9:30 Flag/Prayer AR 10:00 Get Fit Weights AR 11:00 Memory Lane Walk AR 2:00 Tasty Kitchen AR 3:00 Dominos AR 6:00 Snack Attack /Movie AR		
16 9:30 Spiritual/Mass AR 10:00 Patio Games AR 11:00 Summer Reminisce AR 2:15 Pictionary AR 3:00 Fashion & Gadgets AR 6:00 Relaxing Shoulder Massages AR	17 9:30 Stretch & Weights AR 10:30 Memory Games AR 1:30 Floor Scrabble AR 2:30 Creative Art AR 3:30 Ball Drumming /Rythmn AR 6:00 Nail and Hand Spa AR	18 9:30 Get Fit Weights AR 10:00 Brain Teaser Memory Match AR 2:00 Tasty Kitchen AR 2:30 Hallway Bowling AR 3:30 Game Show Games AR 6:00 Parachute Drop AR	19 9:30 Total Body Fitness AR 10:30 Brain Aerobics AR 11:00 Garden Walk AR 2:30 Live Music with Dana Bergman AL 3:30 In Touch Games AR 6:00 Bible Talk AR	20 9:30 Flag/Prayer AR 10:00 Ball Drumming /Rythmn AR 10:45 Outdoor Stroll Nature Watch AR 1:30 Big Floor Scrabble AR 2:30 Ice Cream Churn Social AR 3:00 Sound Bingo AR 6:00 Evening Games and AR	21 9:30 Flag/Prayer AR 10:00 Total Body Fitness AR 10:45 Garden Care AR 1:45 Dominos AR 2:30 Pizza Party AR 3:30 Arts/Crafts AR 6:00 Memory Ball Game AR	22 9:30 Flag/Prayer AR 10:00 Get Fit Weights AR 11:00 Memory Lane Walk AR 2:00 Snack Social AR 3:45 Game Show Games AR 6:00 Snack Attack /Movie AR		
23 9:30 Spiritual/Mass AR 10:45 Paper View with Coffee AR 11:00 Get Fit Weights AR 2:15 Games and puzzles AR 3:30 Shoo Fly Swat AR 6:00 Relaxing Shoulder Massages AR	24 9:30 Stretch & Weights AR 10:30 Memory Games AR 1:30 Floor Scrabble AR 2:30 Creative Art AR 3:30 Ball Drumming /Rythmn AR 6:00 Nail and Hand Spa AR	25 9:30 Get Fit Weights AR 10:00 Brain Teaser Memory Match AR 2:00 Tasty Kitchen AR 2:30 Hallway Bowling AR 3:30 Game Show Games AR 6:00 Parachute Drop AR	26 9:30 Total Body Fitness AR 10:30 Brain Aerobics AR 11:00 Garden Walk AR 1:30 Baby Nursery Care AR 2:15 Musical Social Snacks AR 3:15 Live Music with Al Mahon AL 6:00 Bible Talk AR	27 9:30 Flag/Prayer AR 10:00 Ball Drumming /Rythmn AR 10:45 Outdoor Stroll Nature Watch AR 1:30 Big Floor Scrabble AR 2:30 Ice Cream Churn Social AR 3:00 Sound Bingo AR 6:00 Evening Games and AR	28 9:30 Flag/Prayer AR 10:00 Total Body Fitness AR 10:45 Garden Care AR 1:30 Putt Putt Golf AR 2:30 Travel America Game AR 3:30 In Touch Games AR 6:00 Memory Ball Game AR	29 9:30 Flag/Prayer AR 10:00 Get Fit Weights AR 10:45 Coffee & News AR 2:00 Tasty Kitchen AR 3:45 Game Show Games AR 6:00 Snack Attack /Movie AR		